

CSAH COVID-19 PROTOCOLS AND GUIDELINES

The following guidelines from the Hawaii Department of Health (HDOH) and proclamations from the City and County of Honolulu (C&C) and Mayor Rick Blangiardi will be required by the Co-Ed Soccer Association of Hawaii (CSAH). The following rules must be adhered to in order to apply for and maintain a field permit through the City and County of Honolulu.

Please understand that we are navigating uncharted territories. CSAH is not forcing anyone to participate and the decision to return to play resides with individual players. All participants (players, coaches, referees, staff, and spectators) that agree to participate in CSAH sanctioned events do so of their own free will while both acknowledging and accepting the associated potential risks. All participants must follow the outlined mandates from HDOH and C&C below, regardless of beliefs or personal opinions, to ensure the safety of everyone involved.

I. Reducing Spread

- If you are not feeling well or have symptoms of COVID-19 including fever or shortness of breath, PLEASE STAY HOME. DO NOT PARTICIPATE OR SPECTATE ANY LEAGUE PLAY.
- Anyone exposed to a person with a confirmed or probable case of COVID-19 may not attend any CSAH sanction events until they have quarantined following CDC guidelines.
- When not engaged in competitive play, close contact should be reduced to the extent possible.
- Huddles, high fives, handshakes, and unnecessary close contact activities will be eliminated.
- To the greatest extent reasonably practicable, physical distancing of at least 6 feet between members of different households should be maintained and face coverings worn at all times.

II. Contact Tracing

- Anyone engaging in CSAH sanction events are required to cooperate with the HDOH on contact tracing.
- CSAH will maintain a database of participants registered with Affinity for contact tracing purposes. All teams will be required to submit a roster with participant attendance for each scrimmage or game.
- Contact tracing is the process used to identify those who have been in contact with people who have tested positive for many contagious diseases, including COVID-19.
- Teams must report any cases of any participant that may test positive. Upon receiving the notification, CSAH will then take any precautions deemed necessary.
- In the event that any player, coach, or referee who has participated in any recent games is found to be positive for COVID-19, CSAH will contact all teams and referees that were involved in the games that said person participated. CSAH will also contact the HDOH to inform them of the situation and provide them with all the contact tracing information as well.

III. Temperature Checks and Sanitation

- A contact-less thermometer will be provided at the field and all participants are required to take their temperature prior to participating.
- Temperatures of 100°F or 37.8°C or higher are considered to be fever. Anyone showing to have a fever should be checked again to make sure the reading was correct. Any participants with a fever will be required to leave the premises and go home.
- CSAH will provide sanitation will be provided for field equipment only (flags, nets, balls).
- Teams or players should provide sanitation products for their participants/themselves.

IV. Masks

- Masks covering mouths and noses should be worn at all times by players and officials, including when:
 - arriving to or departing from the athletic facility
 - on the sidelines, even when practicing physical distancing
 - engaging in physical activity, including warmups and competition
- While playing high intensity sports, wearing masks may be challenging for players, particularly for those with disabilities and underlying medical conditions. However, individuals (players, coaches, officials, spectators, and volunteers) who are unable to wear a mask should not participate in the sport.

V. Spectators and Social Gatherings

- There shall be no spectators, fans, or family on or in the vicinity of the field. Only participants are allowed. Spectators will only be allowed to watch games from their cars.
- There is to be no socializing in groups before or after the games. No ceremonies or gatherings of any kind on or off the field will be permitted at this time.
- Everyone is to leave the fields immediately after the games are completed.

CSAH wants everyone to be able to participate in the games, as either a Player, Coach, Referee, Spectator, etc., but for this to happen, we need EVERYONE to follow and respect the current guidelines as stated above. Those unable or unwilling to abide by these protocols and guidelines will be disallowed from participating in CSAH events.

All protocols and guidelines subject to change based on recommendations and mandates issued by the City and County of Honolulu, Hawaii Department of Health, and the Centers for Disease Control and Prevention.

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